The Mindful Teacher Checklist

Did I...

☐ greet students and families by name?

☐ greet challenging children by name and tell them that I was glad to see them?

☐ welcome co-workers with a smile and a “Hello”?

☐ involve myself in play?

☐ laugh with my students?

☐ sing and dance with my students?

☐ bring something new to the teaching process today?

☐ involve the whole group in a learning process? seek the child’s point of view?

☐ notice details in the children’s work to discover more possibilities?

☐ share conversations following children’s interest?