

The

Mindful Teacher

Checklist



Did I...

- greet students and families by name?
- greet challenging children by name and tell them that I was glad to see them?
- welcome co-workers with a smile and a "Hello"?
- involve myself in play?
- laugh with my students?
- sing and dance with my students?
- bring something new to the teaching process today?
- involve the whole group in a learning process?
seek the child's point of view?
- notice details in the children's work to discover more possibilities?
- share conversations following children's interest?